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The Pleasant Run Farms Memo

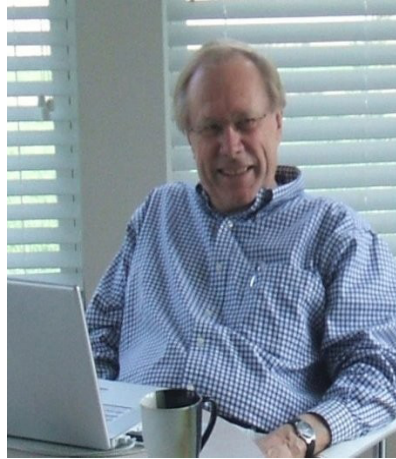
January
2019

www.pleasantrunfarms.org A publication brought to you by the PRF Civic Association



Hi Neighbor!

President's Update



Happy New Year! Here are a few key items for January.

Holiday in the Farms Celebration: This year, Mary Barrera coordinated the entire Holiday in the Farms event, devoting a tremendous amount of time to insure a great success. A special thanks to Dave Grosheim, our 2018 Farms Santa. He was a great hit with the kids as he toured the Farms and then visited with the children at our Celebration Depot at John Wesley Methodist Church. We were also fortunate to have Michelle & Angie Hamester creating fun face painting with the children. I also want to thank everyone on the Civic Association Board and their families and friends who truly helped with the Celebration to make the Farms a special place to live.

February 19th Civic Association General Meeting: We moved the General Meeting to February so we could schedule the following important speakers.

Election of Officers: The election of the 2019 PRFCA Officers will be held. If you're interested in serving on the Board please contact us prior to the meeting. We'd love to have you serve with us.

Greenbelt: Windy Van Buern, an Ohio State Urban Forester will answer questions about changes in foliage in the Farms 61 acres of Greenbelt. This is your chance to explore options for the Greenbelt.

Welch Property & Pleasant Run Elementary: Todd Bowling, Superintendent of NWLSD will update us on the pending sale of the Welch property to a home developer. He will also discuss how our elementary schools transition into its new building is progressing.

Springfield Township Grant: The grant for the renovation of the parking area in front of the Swim Club been completed. You may have noticed that we've added new gateposts for the parking lot and shortly will close the lot for the winter. This will help to reduce the deterioration of the lot. In the spring, we'll do additional sealing of the many of the cracks in the asphalt. We'll also do additional painting of the Community Building and fence. The improvements made with the Grant from Springfield Township have significantly helped with our neighborhood appeal.

Swim Club: Don't forget to buy your Swim Club membership. It's very necessary to have everyone's memberships committed to so we can be sure to have the funds to do all the preopening activities that are needed. We listened to everyone who wanted reduced membership fees and dramatically lowered the membership cost. Now it's more important than ever to buy a membership early.

Skip Wicklund

PRFCA President

Now Accepting Scholarship Applications for Summer Camp!

Don't let child care for the summer sneak up on you! Before you know it, school will be out and parents will be sorting out their plans for child care during the summer. This is the perfect time to look at camp options and even file for camp scholarships.

Did you know that there is a full-time art camp offered on the Springfield Township campus?

The Arts Center, located behind the Springfield Township Fire Department, is the place where ArtsConnect hosts summer art camp for kids between the ages of 7 to 13. Scholarship applications are now being accepted and can be used by any Springfield Township resident for 50% off one week of camp. Scholarships are limited, but could help make the decision of what camp to attend.

The ArtsConnect Kids Summer Camp is accredited by the American Camp Association and is less expensive than most area full-time camps. Registrations are limited, making the camps smaller in size and that personal attention will be always there. Best yet, parents can register for all eight sessions now with a deposit of \$25 per week-long session, and make payments over the winter months. By the time summer comes, camp is paid and your only thought will be how much fun your child will have over the summer!

Learn more about ArtsConnect Kids Camp

Apply to be a camp counselor (ages 18 and over)

Apply for a camp scholarship



For more information, call ArtsConnect at 513-522-2108

2019 Camp Themes:

Puppets

I Love Cincinnati

Art, Industry and Machines

Fashion in a Flash

Amusement Park

Selfies

Under the Sea

Making Movies

Pool Update:

THINK WARM! We are still accepting pool memberships. It looks like we will have enough to open if the trend for December continues. Your friends and neighbors have joined so now it is your turn to join at <http://www.pleasantrunfarms.org/swim-club.html>

Want a free or greatly discounted membership? Then send Ed Mayer a message to prfswimclub@yahoo.com to find out about volunteer opportunities.



ArtsConnect Fundraiser at Madtree Brewing

Article by Springfield Township

Have a night out sipping local brews, playing trivia with friends, eating pizza and cheering on our own non-profit, ArtsConnect at Madtree Brewing. April is ArtsConnect month at Madtree and Monday, April 15th is Springfield Township's night in the taproom to mix and mingle! On this special Monday night, ArtsConnect will have a fun, beer-themed art project for anyone to participate in at Madtree. Proceeds of specific retail items and money tossed onto the charity grid all goes back to ArtsConnect. So - have fun, all while benefiting our local non-profit arts council!



ArtsConnect is a non-profit organization of Springfield Township, creating community vibrancy through the arts, events, parks and recreation. Learn more at www.theartsconnect.us

FEBRUARY 2, 2018 10:00-11:30 A.M.

2019-2020 OPEN HOUSE & REGISTRATION

JOHN WESLEY EARLY LEARNING CENTER



Come meet the teachers and see the classrooms with your children.



1927 W. Kemper Road
Cincinnati, Ohio 45240
513-825-0879

Like us on Facebook www.johnwesleyelc.com



17 18 19

Cheer on Dirty Martini

Fiddler on the Roof

Greater Cincinnati Remodeling Expo



19 20 22

Umpfrey's McGee

Winter Wonderland Run

Springfield Township Trustee Work Session

Today's Recipe Pesto Zoodles

- 1 tablespoon olive oil
- 4 small zucchini, cut into noodle-shape strands
- 1/2 cup drained and rinsed canned garbanzo beans (chickpeas)
- 3 tablespoons pesto, or to taste
- salt and ground black pepper to taste
- 2 tablespoons shredded white Cheddar cheese, or to taste

- 01 Heat olive oil in a skillet over medium heat; cook and stir zucchini until tender and liquid has evaporated, 5 to 10 minutes
- 02 Stir garbanzo beans and pesto into zucchini; lower heat to medium-low. Cook and stir until garbanzo beans are warm and zucchini is evenly coated, about 5 minutes; season with salt and pepper.
- 03 Transfer zucchini mixture to serving bowls and top with white Cheddar cheese.

Membership Applications are available in this memo and on the website listed below or by calling our Membership Chairperson, Monica Bowles.

Dues are \$25 a calendar year. (\$35 for monthly hard copy memo distribution)

Check out the website below for additional news and community information.

Hard Copy Issue Advertising Rates

- Back Full Page \$110
- Regular Full Page \$ 90
- Half Page \$65
- Quarter Page \$25
- Business Card Size Ad \$25
- Classified Ad \$8

Electronic Issue Rates are 1/2 the cost of Hard Copy Issue Rates

Contact Jalisa Harris @ harrisjalisa88@gmail.com to place your Classified or Business Ad.



YOUR PRF EXECUTIVE BOARD MEMBERS:

Skip Wicklund skipwicklund@gmail.com (President)

Jerome Bouie (VP)

Ed Mayer prfcatreasurer@yahoo.com (Treasurer)

Bert Cameron (Secretary)

John Buschmann johnbusch25@yahoo.com (Athletics)

Jalisa Harris harrisjalisa88@gmail.com (Communications)

Mary Barrera mbarrera@comey.com (Community Activities)

Monica Bowles (Membership)

prfswimclub@yahoo.com (Swim Club)

Holiday in the Farms 2018

Thank you to everyone who took time out of your busy schedules to participate in our Holiday in the Farms event. The event would not have been possible without the help of so many of our neighbors. We are lucky to have a real live Santa Claus, Dave Grosheim, living right here in the Farms! Thanks to Monica Bowles, Jerome Bouie, John Buschmann, Bert and Brenda Cameron, Michelle & Angie Hamester, Ed Mayer, Wendy and Emily Puccini, Skip, Susan and Tia Wicklund and everyone else that pitched in to help keep things running. We started the evening having our Santa travel around and visit our designated "Santa Stops" where kids got some one-on-one time with the big guy. Then many neighbors set out their luminaries and really made the neighborhood shine! Quite a few people headed over to John Wesley Church to enjoy snacks, hot cocoa, face painting, games, crafts, more time with Santa and great conversation with neighbors. Many people took advantage of the opportunity to ride around the neighborhood in our Limo Bus from Jimmy's Limousine to check out the lights and sing along to some classic Christmas carols. It was a festive evening and I think we can call it a success! If you have any questions, comments or ideas for next year, please don't hesitate to reach out!

I hope everyone had a great Holiday Season and hope we can make 2019 the best year yet!
Your Neighbor,

Mary Barrera
mbarrera@comey.com

Around the Farms

By, Susan Wicklund

January has arrived. Yes, but Mother Nature has fooled us because for most of the month it has seemed like spring. That means according to many Ohio Radio Show Garden Broadcasters that we can still trim our trees and shrubs. We can even plant some of the spring bulbs.

January is also a good time to invite the winter birds to your yard. The Farms has so many trees. Winter-feeding of the birds is important to attracting and holding birds to your yard. According to the book "Attracting Birds in Ohio" mixed birdseed with many seeds and grains is important to all seed eating birds. Nutmeats are a choice for cardinals, chickadees, and woodpeckers. Robins, mockingbirds and others choose berries and fruit. Birds like the insect eaters food is beef suet is their food. Peanut butter is an excellent source for the birds to keep up their energy.

It is important to keep feeding the birds through the winter and into the spring.

For more information on birds, plants and animals in Ohio go to the Ohio Department of Natural Resources Division of Wildlife.



Residential Incentive Grant Program:

Article by Springfield Township

The CIC Board of Directors has determined that encouraging economic development in Springfield Township, the Joint Economic Development Zone (JEDZ), and the Joint Economic Development District (JEDD) requires a strong residential base, and thus the Board desires to encourage economic development through the use of grants equal to the earnings tax paid by Township residents who work in the JEDZ or JEDD territories and a grant equal to the net business profits tax paid by businesses which are owned principally (50% or more) by Township residents and which are located in the JEDZ or JEDD territories.

The CIC administers and awards the aforementioned Residential Incentive Grant Program which provides grants, upon application and qualifications by residents and resident business owners, equal to the earnings tax paid by Township residents who work in the JEDZ or JEDD territories and a grant equal to the net business profits tax paid by businesses which are owned principally (50% or more) by Township residents and which are located in the JEDZ or JEDD territories of Springfield Township.

All 2019 Residential Incentive Grant Applications must be received by Springfield Township CIC, Inc. by July 1, 2019. No Exceptions. Applications received after July 1, 2019 will be rejected.

Download the 2019 Residential Grant Application For **An Individual Working and Living in Springfield Township** at <https://www.springfieldtp.org/357/Residential-Incentive-Grant>. Download the 2019 Residential Grant Application for a **Springfield Township Resident Business Owner** at <https://www.springfieldtp.org/357/Residential-Incentive-Grant>.

Resident Business Owner - EXTENSION request form

Extensions from this filing deadline may be granted to Springfield Township Business provided that such a request is made in writing utilizing the appropriate Extension Request Form and is

accompanied by Regional Income Tax Agency (RITA) Form 20. If granted, such extension will be granted until October 16. Township Resident Business Owners that fail to file a Residential Grant Application or request for an extension by July 1, 2019, shall be ineligible for the grant in that year.

Download the 2019 Resident Business Owner Extension Application Here
Download Regional Income Tax Agency (RITA) Form 20 (Must be mailed or delivered with the application for an extension.)
Mail all applications and required documents to Springfield Township CIC, Inc.
9150 Winton Road
Cincinnati, Ohio 45231

For questions, call 522-1410
THE GRANT FROM SPRINGFIELD TOWNSHIP CIC, INC. IS NOT A TAX REFUND.
Grant recipients will receive an IRS form 1099 from Springfield Township CIC, Inc.

Springfield Township CIC, Inc. will not provide any legal or tax advice. It is your responsibility to contact a tax professional if you have any questions or concerns regarding any additional tax implications as a result of the grant.

Any information provided including, but not limited to, wages, taxes paid or grant amounts may be subject to Ohio's public records laws including Ohio Revised Code Section 149.43 and 1724.11.

The falsification or submission of false documents or providing knowingly false information on this application will be prosecuted to the fullest extent of the law.



In the spirit of new beginnings, here are some resolutions that will make your home a more beautiful, efficient, clean and green place in the coming year. Here are five picks for the best home improvement resolutions for the new year and how to achieve them:

1: Streamline the stuff

One of the best and least expensive ways to feel better about your home is to clear it of clutter.

Each year most of us acquire a mountain of stuff. Without some regular purging, cabinets and drawers get jam-packed and it becomes hard to find the things you use and enjoy the most. (All that clutter also makes your house look dated and dirty, designers say.) This year resolve to go room-by-room periodically clearing anything that you don't use, wear or love and donate it to charity. After that, think twice about what you bring in. Fill your home with the things that raise your energy level and make you feel good and get rid of the things that drain your energy or are broken. Stash useful (but not beautiful) items such as DVDs, remotes and those kicked-off shoes in simple woven baskets. Group similar items together on sleek trays. Clear your counters of everything you don't use daily. And get ready to breathe a little easier in your own home.

2: Make it safe and sound

Your home may be beautiful, but is it safe? There are a few things that every homeowner should do to ensure that they're not living with a potential health hazard or fire risk. First, check your house for radon. This colorless, odorless gas causes

about 21,000 lung cancer deaths each year from the radioactive particles it traps in your lungs as you breathe, according to the U.S. Environmental Protection Agency. One in every fifteen homes has elevated levels. And with test kits costing as little as \$20 at your local hardware store, there's no reason not to get right on that.

While we're on the subject of deadly gas, make sure you install a carbon monoxide detector on every bedroom floor in addition to fire detectors. If a chimney flue or furnace vent gets blocked or leaks, carbon monoxide could back up in your house and kill you. Like a radon test, this is a small investment — \$40 or more — for such an important safeguard.

Watch out for dryer lint. We know you clean the little trap inside the door, but most people neglect to clean the vents and ducts behind the dryer. Lint may seem innocent, but it's highly combustible, according to the U.S. Fire Administration, accounting for more than 15,000 building fires a year. Make sure your house can breathe. Many people's bathrooms and attics aren't vented to the outside (or the vents are covered over with shingles.) This makes you a prime candidate for mold.

3: Shrink your bills (and your carbon footprint in the process)

When people think of going green, they often think it takes solar panels or a hybrid car to make a difference, but this is not the case. The best place to start is by cutting your energy usage in your home:

- Remember your mom's advice and switch off the lights when you leave a room.
- Turn off your air conditioner when you leave the house and dial your heater down to 55 degrees at night.
- Install LED bulbs and low-flow showerheads.
- Try drying some of your clothes on the line and wait for the dishwasher or washing machine to be full before you run them.
- Turn off your power strips and/or set your home computer to revert to sleep mode when not in use.
- Water your yard less. Put in drought-tolerant landscaping if necessary.
- Give composting a try. Your garden will thank you.

4: Work out a weekly system for keeping your house clean

Here are a few tips for keeping the mess under control.

Daily: Dishes go in the dishwasher every night - no excuses! Dirty clothes go in the ham-

per and jackets or clean clothes are hung in the closet. Bring everything back to its assigned place.

Weekly: Clean your entire house, using these tips:

- Keep all your cleaners, as well as rubber gloves and spare cleaning cloths - in a portable carryall that moves with you from room to room.
- Stash cleaning implements such as a toothbrush, scraper, sponge, a few cleaning cloths and plastic bags in a builder's apron that you wear when you clean.

Hook your glass cleaner and all-purpose cleaning spray on the loops to keep your hands free as you work around the room clockwise, cleaning from high (cabinets) to low (floors.)

- Focus on one type of cleaning at a time, it's faster. Wipe down fingerprints on all the

cabinets, for instance, before moving on to spraying and wiping counters. Then move on to windows and mirrors and appliances. Once that's done move on to sweeping and then mopping floors.

- For optimum efficiency, enlist the help of your family. If you can, divide the jobs among at least three parties: One of you can do the dusting/vacuuming and changing beds, the other can do the bathroom cleanup, leaving only the kitchen and trash emptying for you to handle. The upside? You can get the whole house done in 45 minutes, leaving more time on the weekends for the park or the movies.

5: Get your place ready for entertaining
Each year most of us vow to spend more time with family and friends.

To make you feel like inviting people in, why not give the areas you entertain in a little update?

You don't have to go for broke here and invest in a new kitchen remodel. All it takes to get a fresh new look is a little bit of rearranging and a few updates. One easy update that makes your home seem more "finished" is the addition of plants. They bring in new energy and help clean the air, and it's a great way to decorate if you're on a budget. A couple of dramatic presentations like a large flowering agapanthus or potted palm in a bright ceramic planter that complements your existing color scheme will do the trick. Pulling out a new accent color from your existing decor can make the whole room seem fresh. Pick an underused color in the room and add more of it in the form of a new pillow or throw to update your look. A colorful rug or runner can also help anchor your space. Lastly, take some time to rearrange your furniture so it is oriented in conversation groups and not just facing the television. That just might open up chances for real conversation and connection in the New Year. change.

Jan 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Resident Anniversaries
30	31	1 Marty McCain	2	3	4	5	The Bischoff Family 1971 The McCain Family 1974
6	7	8 Julie Mayer	9 Edward Wurzbacher	10	11	12	
13	14 Nancy Berquist	15 Bert Cameron	16 Floyd Strebe	17	18	19 Jorday Bradley	
20	21	22	23 P.J. Bissmeyer Kay McCain	24	25 Monica Bowles	26	
27	28	29 Betsy Bissmeyer	30 Rosemarie Sutton	31	1	2	

AUSTRALIA DAY	BLIZZARD	FOOTBALL	FREEZE
HIBERNATION	ICICLE	I HAVE A DREAM	MITTENS
NEW YEARS DAY	NORTH POLE	PENGUIN	RESOLUTION
SCARF	SKIING	SNOWFLAKE	SNOWMAN
SUPER BOWL			

O E N Y J F R H E G W P D S M
 Y F Q O X N R X M H X P X N A
 V W C K I S O A I N V J X E E
 N T D U H T U R C Y F E Y T R
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 S N O W M A N N U H D S I I A
 N F W J E E R P R S P C L M E
 O R O K A Q E L R E I O P Y V
 W E S W K R N A L C B G L B A
 F E H R B I E Y L A Q I V E H
 L Z T O U Y W E P B B Z H V I

Thinking Out Loud

In 2018 I've learned that self reflection doesn't have to be an end of the year "Big Bang" event. I've learned this lesson from doing this editor's note to be honest. In fact, I can cultivate self reflection daily. When I do this daily, I become more aware of my habits, patterns and regular tendencies that I want to change, so I can become my most optimal self.

Why do so many of us wait to the end of the year to self-reflect? We deny that we are hoarders of materials, foods, and evening feelings- living in clutter in our homes, bodies, hearts, minds and spirits. We stay in damaging situations because... well it's not the end of the year to reflect quite yet. So we keep trying to move forward with no time to stop- cause let's face it, our daily lives are demanding. And as such, we allow ourselves to stay in our pain, discomfort or whatever unpleasant experience we are living. However, the power of self-reflection, permits us to pause and make the necessary changes we need to implement.

In 2019, I am working on becoming 1% better each day. I am working daily towards a 1% increase of the soul and human I was the day before. This requires that I now reflect everyday instead of just at the end of the year. Taking time out for myself to check in internally and externally to see what went well and didn't go well for me. As I work on becoming 1% better each day, eventually I will become 365% better than I was the year before. Instead of making a laundry list of New Year resolutions, commit to being 1% better each day and taking it day by day because, remember, self-reflection isn't just a New Years Big Bang event.

Happy New Year Pleasant Run Farms neighbors and friends.

Hope you Enjoyed!



Jalisa Harris, PRFCA Communications Director