



The Pleasant Run Farms MEMO
 "An Active Community"
 June 2009
 Volume 41 Issue 6
 www.pleasantrunfarms.org
 A publication brought to
 you by the PRF Civic Association

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Red, White and Blue Goes Green!!

This year's Fourth of July Parade's theme is "Red, White and Blue goes Green!" Kids, decorate your bikes and show your colors in the 4th of July parade! Any family or street up for doing a float? Prizes will be given for the best in each category. The parade will take place at 10am on July 4th . We'll line up at 9am at John Wesley UMC on Kemper Rd. The parade proceeds down Elkwood and ends at Clifford George field on Forester Drive. If your group would like to march in the parade, contact Jennifer Higgins at 825-3868 or jhiggins16@cinci.rr.com. Kids--just show up at the church with your cool bikes! Hope to see you there.



PRF Second Annual "Skirt" Game

What is it? A softball game played by men wearing skirts or dresses (and /or accessories, such as wigs, earrings, purses...) Last year was a blast, just ask any of the "gals" who played!

When is it? 11AM on the 4th of July – right after the parade.

Where is it? Clifford George Field

Who can play? Men (ages 18 and over) residing in Pleasant Run Farms. Recruit your friends and neighbors!

How do I sign up? Contact Mike Purvis at 851-2871 or craftercp@yahoo.com or Fred Hunt at 851-1902 or the-hunts@fuse.net

Free Family Night at PRF Pool

Thinking of joining the pool? Come check out the pool for free on June 11th from 6-8 pm. Children under 18 **must be accompanied by adults.**

Adult Pool Parties are BACK!!

Enjoy late night swimming and meet some of your neighbors! Mark your calendars for these party dates:

Saturday, June 13th from 8pm-12pm

Saturday, July 11th from 8pm-12pm

Saturday, August 8th from 8pm-12pm



Bring a covered dish, snack or dessert to share and your own beverages. Alcohol is permitted; however, please do not bring glass. Cost is \$3 per person. Questions? Contact Jennifer Higgins @825-3868 or Jhiggins16@cinci.rr.com.

PRFCA Member Night at the Pool!

PRF members mark your calendars for Member Night at the pool, July 18th from 7-9pm. Hot Dogs, chips and lemonade will be provided. Join the Civic Association and enjoy a free night and dinner at the pool!!

Landscape Contest!!!

Don't forget the landscaping contest coming up at the end of June. The judges will do their best to get to all areas; however, If you have worked extra hard on your landscaping and would like special consideration, contact Jennifer Higgins@ 825-3868 or jhiggins16@cinci.rr.com. Winners will have the honor of being in the 4th of July parade and will receive gift certificates to Lakeview Nursery.



The MEMO is published by the Pleasant Run Farms
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11955 Elkwood Dr.,
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www.pleasantrunfarms.org



Monthly Issue Advertising Rates:

Back Full page \$110 Regular Full Page \$90

Half Page \$65 Quarter Page \$45

Business Card Size Ad \$25

Classified Ad \$8

Call Krista Hepp at 851-3644 to place your
Classified or Business Ad.

YOUR PRF EXECUTIVE BOARD MEMBERS:

Dale Grigsby 742-0217 dale.grigsby@gmail.com (President)

Randy Scheib 931-3508 rscheib@vls.com (VP)

Chris Rowland 674-1063 (Treasurer)

Kim Marwehe 825-7720 (Secretary)

Monica Bowles (Membership)

Jennifer Higgins 825-3868 jhiggins16@cinci.rr.com
(Community Activities)

Tonya Klei 742-0385 tonyaklei@cinci.rr.com (Pool)

OPEN (Athletics)

Krista Hepp 851-3644 hepp.ka@pg.com (Communications)

**Memo Deadline for
Advertisements and Articles
Tuesday, June 23, 2009**

The next Memo Delivery will occur on the weekend of July 4, 2009. If you would like to **place an ad in** or **contribute to** the Memo, please contact Krista Hepp at 851-3644 or jhepp@cinci.rr.com. If you have any problems with **receiving** your Memo, please contact Susan Schieb at 931-3508.

The Memo and the PRF Civic Association reserve the right to refuse any content. Letters to the editor will be published only with the authors name. Any comments, suggestions, or new contributors are welcome.

**Pleasant Run
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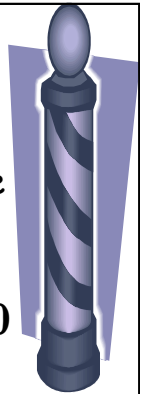
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Woodfox Center in Fairfield at Old Winton & Mack

PRFCA Membership Applications are available on the website listed below or by calling our Membership Chairperson listed above. Dues are \$25 a year.

Check out the website below for additional news and community information.

www.pleasantrunfarms.org

Pool News

Memberships available for the PRF Swim club

Summer is here! It is going to get hot and the pool is a great way to cool off. We have swim lessons and a Swim team. Swim team begins in early June. Registration for swim lessons will begin Memorial Day Weekend. Membership forms are available on our website at www.pleasantrunfarms.org and at the swim club entrance in the info tube.

Swim lessons at the PRF Swim Club

Swim lesson registration will begin Memorial Day weekend. Learn-to-Swim. Red Cross Learn-to-Swim features six levels of instruction to help swimmers of all ages and abilities develop their skills.

Level 1 – Introduction to Water Skills

Level 2 – Fundamental Aquatic Skills

Level 3 – Stroke Development

Level 4 – Stroke Improvement

Level 5 – Stroke Refinement

Level 6 – Swimming and Skill Proficiency

There are 5 classes in a session and are 30 minutes long. Sessions run Monday through Friday from 11:30am to 12:00pm. Call or stop by the snack bar at the pool to register. Cost is \$35.00 for PRF Civic Association members and \$45.00 for Non-members. 513.851.7109 Pleasant Run Farms Swim Club

Corn Hole League

League play begins at 6:30pm on Sunday, June 14th at the PRF Swim Club. Register, after May 23rd opening day at the Swim Club, 513.851.7109. Each team must consist of one male and one female. Sessions are 5 weeks long. Prizes are awarded for 1st, 2nd, and 3rd place. Cost is \$30 for PRF Civic Association Members and \$40 for non-members. All skill levels welcome. Come and join the fun.

Friday Flick and Float

The first Friday Flick n Float will be on June 19th. Come watch a movie while you cool off in the pool! Look for more info at the pool in June.

Township News

Yard Waste: Due to the budgetary constraints placed upon Springfield Township by the failure of the recent Neighborhood Services Levy, we can no longer provide brush pick-up service to our residents. Hamilton County residents may drop off their yard-waste at no cost at 3 drop-off locations beginning March 28th. For details, please visit Hamilton County's website at www.hamiltoncountyclecycling.org or call Springfield Township at 522-1410.

Police Levy: The funding that this levy provides will allow the Springfield Township Police Department to hire four new officers who will fill existing vacant positions and prevent layoffs. Important programs such as the Explorers Post, School Resource Officers, DARE, and the IMPACT Team will also continue.

Summer Camps: Springfield Township Parks & Recreation is pleased to announce that various summer camps will be offered for the first time in 2009. Skyhawks Sports youth sports camps are committed to providing a Safe, Fun, and Skill-focused experience for kids between the ages of 3 and 15. Youth summer camps range from 45 minutes to 6 hours per day. Go to <http://springfieldtwp.besavvy.egovlink.com/Skyhawks.cfm> for more information.

AUGSBURG

✚
LUTHERAN CHURCH

Augsburg Lutheran Church (ELCA)
11676 Hamilton Ave. Phone: 513-825-2240
(Located south of Pleasant Run Elementary School on
the east side of Hamilton Ave. by the Speedway station.)

Come Worship with Us

Sunday Worship

9:30 AM

FREE Day Camp FREE

For children going into grades
1 through 7
June 29 - July 3
9:00 AM to 3:00 PM
For more information or to
register call: 825-2240
Pre-registration is encouraged!



Vacation Bible School, July 26-30, 6:30 PM to 8:30 PM
Pastor Grace Werzinske
augsburgpastor@fuse.net

It's never too late for you to join!!

What is the PRF Civic Association?

Over 40 years ago, when the neighborhood known as Pleasant Run Farms was developed, the Civic Association was founded. The intent of the Civic Association was to provide the residents of the Farms with an active community; the Association was the foundation for the sports teams, community pool, activities, and hobby/interest clubs (gardening, babysitting, reading, etc.). Throughout the years, the Civic Association has continued to provide residents with a way of connecting with their community, as well as providing the neighborhood a political voice with Springfield Township.

What has the Association accomplished?

In addition to maintaining sports teams, the pool, and other yearly activities (such as the Fourth of July Parade), the Civic Association has made lasting impacts on the community. As examples:

- Purchase of and retaining the greenbelt areas. These areas stretch behind the pool on Elkwood and back along Broadhurst, and along Hazelgrove, Forester and Hazelhurst, separating the properties owned by Home Depot and Kmart from the residential properties. Several times throughout the years, developers have asked about purchasing the land for retail development; the Civic Association maintains the property as a buffer between retail and residents, in order to maintain home values.
- Development of Clifford George fields as a sports complex and Township Park. The property at the corner of Forester and Mill was to be sold and developed into a gas station/minimart. The Association convinced Springfield Township to purchase the land and develop it as a complex for our sports teams. The volunteer hours put forth by residents maintains the fields as part of the agreement with the Township.

Why should I join? Where does the money go?

The Civic Association fees pay for many things. Some of them are:

- Printing and delivery of the Memo. While ads pay for some of the Memo, the remaining costs for printing and delivery are paid for by fees. Memo compilation and editing is volunteer; all Memo delivery is done by neighborhood youth, who are paid using the fees.
- Insurance. Sports teams, the Pool, and the greenbelt areas require insurance carried by the Association. Sports fees and Pool membership fees pay the portions of their premium; fees pay for insurance on the greenbelt areas.
- Activities. We are fortunate to have several churches in the area who offer their halls free of charge for any activities. However, activities such as the Fourth of July Parade, Easter Egg hunt, Landscape Contest, etc., all require some funds.
- Scholarship. The Civic Association is fortunate to be able to provide at least one \$500 college scholarship per year to a neighborhood youth.

How do I join? How much is it?

Joining is easy, simply complete the form found on the next page of the Memo (or you can get one online at any time at pleasantrunfarms.org). Mail or drop off the form at the address listed.

Membership runs January—December. Fees have been reduced this year to \$25. *If you are already a member, and you joined on or after July 1, 2008, you will receive a discounted rate of \$12.50 for 2009.*

If you have any questions about membership, how to join, or other benefits of the Civic Association, please contact a Board member (info on page 2) or email PRFmembership@gmail.com

!!NEW!! Local Business Discount Card!!!

All members receive a discount card for local businesses. This card can be used multiple times until the end of the year. This card is a “thank you” for helping to improve your community.



2009 Pleasant Run Farms Civic Association, Inc. Membership Form

Date: _____ Family last name: _____

Address: _____ Phone: _____

E-mail (please print clearly): _____

PRF Member since: month _____ year _____

please note your personal information including e-mail address is only used by the PRFCA to contact you regarding events and issues that pertain to our community. We respect your privacy and do not distribute, sell or trade any of your personal information.

Household Member	Birth month/day	Adult/Child

The success of the Civic Association largely depends on volunteers in the community. Volunteers play an integral role in keeping programs in existence and running smoothly. Please check if you are willing to help with any of the following programs and the respective Board Member will contact you.

Spring Activities _____ Scholarship Committee _____ Sports _____ Neighborhood Watch _____
 Summer Activities _____ Landscaping _____ Other: _____
 Winter Activities _____ Memo _____ Where needed _____
 Fall Activities _____ Welcome Committee (Membership) _____ Walk/Jog Club _____

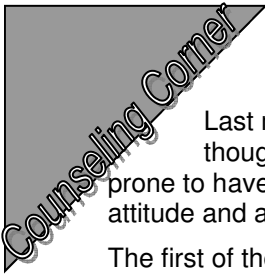
We publish members anniversary (years living in PRF) and birthdays in the Memo. Please indicate your preference below:

- I do want household member's anniversary and birthdays published in the Memo.
- I do not want household anniversary and birthdays published in the Memo.

If you have a child and he/she participates in sports, you must be a member. Annual 2009 Membership fee: \$25.00. Please return this completed form with your check. Please make your check out to PRFCA and mail or drop of to: Monica Bowles, 11885 Elkwood Drive, Cincinnati, Ohio 45240

If you have any questions, please call Monica Bowles at (513) 648-0714 or via e-mail at monicabowles@ymail.com Please check out the PRFCA website at pleasantrunfarms.org. We are also on Facebook under Pleasant Run Farms Civic Association. Please give your comments and upload any pictures which involves the Farms. Please become a fan or join the group! Thank you for your support!

Membership Use Only: Date Received: _____ Check # _____ Amount: _____ Date Cleared: _____ Membership card: _____



What were you thinkin'?

"For as a man thinketh in his heart, so is he." Proverbs 2 3:7.

Last month we discussed the fact that a number of negative thoughts can take the form of distorted thoughts and this can be a serious problem. Each thought can carry a life of its own. For example if one is prone to have happy-go-lucky thoughts, then chances are they will live out those thoughts with happy-go-lucky attitude and actions? Simply stated, our thoughts often determine our attitudes and actions.

The first of the most common distorted thoughts is "**I am bad**"!

This thought has taken on multiple meanings in our society. There has always been a love hate relationship with this thought. At one time the phrase was taken at face value and when one said they are bad, they thought that they were evil or appalling as reflected in their behaviors. It moved into the idea, that I am bad and that is cool. This is demonstrated in Michael Jackson's famous song 'I am bad'. In this song the lyrics proudly proclaim that he is bad and that this portrays a power and controlling stance against others.

However in psychology the "I am bad" thought message has always been equated with low or damaging self-esteem. So when one thinks or states that I am bad they are confirming a damaging inner message. This message perhaps came from parents, siblings, school mates or others which convinced us that we are not as good as others. People may have at their inner core the false message that they are bad or worthless.

Recognizing and being aware and becoming conscious of not only where the message comes from but what it means can go along way in changing negative beliefs about ourselves. This is a process that takes patience and time but at the end you will realize that you are beginning to build your self esteem.

By changing ones perspective you can change your thoughts and belief system. This then in turn can change our emotions and actions. By way of practicality, if you are around people that feel and claim you are bad and you know you don't deserve that negative tag, remove yourself and align yourself with positive people who truly value you.

Start building self esteem by creating a positive belief system today! Next month we will examine the thought "I'm, such a loser".

If you want to share any comments, concerns or questions feel free to email me at randerson1473@yahoo.com I would be more than glad to respond.

Rick Anderson

Kids Looking for Work!!!

Following is a list of young residents looking for work. The PRFCA/Memo does not endorse any of those listed; we list these names free of charge as a service to our community....

Babysitting:

Julie McKendry, age 14, 742-3087, Red Cross Certified Babysitter

Nefertiti, age 15, 545-4602, Red Cross Certified, CPR Trained, will babysit in my home or yours

Maria Boylson, age 16, 290-4756. Fire Safety classes, basic CPR, first aid



Memo Editor Needed

Are you interested in helping out your community with just a few hours per month? After several years as the Editor of the Memo, I will be passing the torch to someone else.

It's a fun, interesting position that gets you in touch with what's going on in the community. No experience is necessary—we provide the easy-to-use publishing software, and it is printed professionally.



If you are interested, please contact Krista Hepp at 851-3644 or via email at hepp.ka@pg.com.

ITEMS & SERVICES:

Cabinet Making: Furniture repair & refinishing. 825-4208

Sharpening Service: Chain saws, scissors, knives, hedge trimmers (electric & manual), mower blades, etc. Phone 825-4208.

Dependable, experienced childcare in my Christian home. Excellent references! Hot meals, snacks, fenced yard. Lots of TLC. Lots of fun. Non-smoker. Reasonable rates. Any age welcome. Call Dagmar at 825-4508.

PRF Athletics



We are still in need of an Athletics Director, as well as a SAY soccer commissioner and a Lollipop soccer commissioner. It takes just a few hours per month, but makes a big difference in the community! If interested, please contact Chris Rowland at 674-1063 or wrowland@cinci.rr.com.

We can also use your help on the fields. Clifford George is a township park, but part of the agreement to use it for PRF Sports is to maintain the fields. We can use your help to mow and line the soccer fields and drag and line the baseball fields so our teams can play. If interested, please contact Stan Juergens at 851-6969.

Messiah Lutheran Vacation Bible School

We are gearing up for "Crocodile Dock" June 22-26th from 9am - 3pm. Our VBS is a hands on way to learn about Jesus through drama, crafts, songs, and snacks. Our VBS is for children ages 2 yrs (by January 1, 2009) through 6th grade. The cost is FREE and each child will receive a VBS t-shirt. You can register now by visiting our website at www.Messiahgrh.org. We will see you at Crocodile Dock!



1985 Broadhurst Avenue

Nice bi-level in swim club community. Newer HVAC, roof, siding, gutters, and windows. Updates in kitchen and baths. Lovely, private back yard with newer deck. Move-in ready!



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