



The Pleasant Run Farms MEMO
 "An Active Community"
 September 2007
 Volume 39 Issue 9
www.pleasantrunfarms.org
 A publication brought to
 you by the PRF Civic Association

GENERAL BOARD MEETING SEPT 27TH—ALL WELCOME

There is a General Board Meeting at Welch Elementary on September 27th at Welch Elementary at 7:30 PM. All are welcome to attend.

MEMO DELIVERY COORDINATOR STILL NEEDED!!

If you'd like a simple way to get involved in the Pleasant Run Farms community this may be your answer! The Memo staff has an opening for the Delivery Coordinator. This monthly job only requires about 2 hours of your time each month. This is a simple job—you pick up the Memo from the printer (only about 10 minutes away) each month, count and deliver the Memos to each delivery kid (all are in the neighborhood) and pay them with money given to you. It isn't a difficult job at all. If you have any questions please don't hesitate to call or email the current Delivery Coordinator, Julie Mayer at 851-7908 or cincymayers@aol.com

Neighborhood Watch

We have had three PRF Block Watch meetings with good turnout. Our goal is to preserve our neighborhood, property values and safety. Please join us in this effort! Anyone can join us, whether you are single, married, a homeowner, renter, have kids or do not have kids it doesn't matter. It will take the entire community to have a successful Block Watch Program. At this time we are looking for Block Watch Captains. Block Watch Captains serve as a liaison to law enforcement and also provide direction to residents who wish to report crime. Block Watch Captains also track suspicious activity. If you are interested in becoming a Block Watch Captain, or would like additional information please contact us. We would like to have minimally one Block Watch Captain per street and 2 on longer streets. Pleasant Run Farms Neighborhood Watch Meetings are held on the last Tuesday of the month. Our next meeting will be Tuesday, September 25, 2007 at 7:00pm at the John Wesley United Methodist Church. If you would like to be added to our e-mail distribution list, please contact Monica Bowles at Mbowles74@hotmail.com or Kirsta Hepp at jhepp@cinci.rr.com. If you cannot make the meeting, please visit the PRF Civic Associations' website to review the meeting minutes. Remember, if you see suspicious activity please contact the Springfield Township Police Department at (513) 522-1410. You can remain anonymous. The more detailed information you can give the more likely the offenders will be caught. You may consider taking pictures of offenders, or even identifying their address or name. The more calls we make, the more patrols we will see throughout our community. Together we can make the Farms an enjoyable community for everyone!

Girl's Soccer Players

PRF Flames seeking girls for indoor soccer and spring outdoor. For girls born after July 31, 1999. Call Terry 825-5319 or tnelson9@cinci.rr.com by Oct 15th.

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YOUR PRF EXECUTIVE BOARD MEMBERS:

Jason Henry 648-0102 (President)
Chip Bergquist 851-3424 (VP)
Chris Rowland 674-1063 (Treasurer)
Cheryl Purvis 851-2871 (Secretary)
Becky Hoover 742-3442 (Membership)
Kim Pittman PRFmembers@aol.com (Membership)
Kris Koch 825-6539(Community Activities)
Linda Higgins 742-0521(Community Activities)
Tonya Klei 742-0385 (Pool)
Michelle Sager 674-7076(Athletics)

Memo Deadline for Advertisements and Articles

Tuesday September 25, 2007

The next Memo Delivery will occur on the weekend of October 6, 2007 .If you would like to place an ad in or contribute to the Memo, please contact Krista Hepp at 851-3644 or jhepp@cinci.rr.com. If you have any problems with receiving your Memo, please contact Krista. The Memo and the PRF Civic Association reserve the right to refuse any content. Letters to the editor will be published only with the authors name. Any comments, suggestions, or new contributors are welcome.

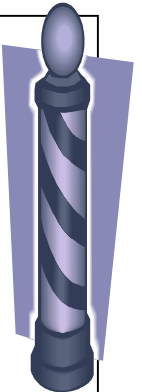
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PRFCA Membership Applications are available on the website listed below or by calling our Membership Chairperson listed above. Dues are \$30 a year.

Check out the website below for additional news and community information.

www.pleasantrunfarms.org

Community News

If you didn't make it to the Family Fun Day, you missed out!! We had a terrific time! We had great company, great food and wonderful entertainment!! Bryan Gill came with his critter outreach program, and Brad the magician came and dazzled us with his magic.

A special THANK YOU goes out to Cheryl and Mike Purvis, they stepped up to the plate and helped put the picnic together, and along with Eric Hoover, manned the grill for us!!

The end of summer blast at the pool!! The crowd was good, pool was refreshing and the volleyball and corn hole games were aplenty. A great big special THANK YOU goes to our wonderful PRFCA chefs, Becky and Eric Hoover. I hear they make house calls!!

Look in the next Memo for upcoming community activities....

Looking for a way to get involved??? Community Activities is a great start!!

Thanks to all of the families that support the activities that your membership dollars pay for. I just have to put a personal thought in.....

We have 1700 families living in the Farms, we have a tenth of those in the Civic Association, and not even half of those families join in the activities. It really makes it hard to want to take the time and plan events. Our neighborhood is an awesome place to raise a family. The Association has been in place over 40 years!! That is something to be proud of! We want to continue the traditions that Pleasant Run Farms is used to. To do that, we need not only to support the civic association, but to support the events that the Association puts on. What we have here is a golden opportunity!! Please, let's not take it for granted. Support your neighborhood, JOIN THE CIVIC ASSOCIATION TODAY, you will be thankful you did!!

Thanks again,

Kris Koch



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11969 Blackhawk Circle



12017 Cedar Creek Drive

Fall is almost here, the kids are back in school, and maybe someday soon our lawns will come back from this terrible drought. If you're like me, you can't stand to see dry, brown lawns and dropping leaves when you drive through the neighborhood in the middle of summer. But, unfortunately, it's a good analogy for what has been happening with our Membership for the Civic Association.

The PRF Civic Association was started more than 40 years ago—it is a voluntary association—that is, you don't have to join to live in the neighborhood. Over the past few years, our Membership has continued to drop. One of the questions we hear is “Why should I join? What do I get for my contribution of \$2.50 per month (that's \$30 per year)?”

- Are you reading this Memo? That's a part of the \$2.50 per month. Your contribution pays for the printing and delivery of the Memo each month. Neighborhood kids get paid to deliver this to your door each month (no, neither the writers nor the Editor get paid—all volunteer).
- Do you have kids in sports? Your \$2.50 per month helps pay for uniforms, allows us to have sports teams and a great sports program (by the way, your kid's coaches, also volunteers).
- Like the Luminaria tradition we have in the Farms? \$2.50 per month. The Easter Egg Hunt? Only \$2.50. How about the 4th of July Parade, Family Fun Day, Pool Parties? \$2.50, \$2.50, and a measly \$2.50 (oh, and the event organizers, you guessed it, volunteers)
- Anyone who lives along the area behind Kmart and Home Depot feel grateful for the greenbelt areas that keep the parking lots out of your backyards? Guess what your \$2.50 per month pays for? Insurance so we can keep those areas ours.
- Who likes the feeling of being able to walk down the street early in the morning or later at night? Like to let your kids ride their bikes the corner and back? Guess what your Civic Association does—works with the area police forces to keep our streets safe.
- Want to know more of what the Civic Association does? Come to the Board Meeting at Welch Elementary on September 27th at 7:30 PM and find out for yourself.

So if you are already a Member, THANK YOU for your continued support. Not a Member? Signing up is easy—forms are on the website (pleasantrynfarms.org) or you can contact any Board Member for a form.

Any group of houses can be a neighborhood. It takes all of us to make this a community.

Krista

SERVICES:

Cabinet Making: Furniture repair & refinishing. 825-4208

Sharpening Service: Chain saws, scissors, knives, hedge trimmers (electric & manual), mower blades, etc. Phone 825-4208.

Daycare: Experienced Childcare in my Christian Home. Excellent References! Pre-School activities. Lots of T.L.C. Any age welcome! Call at 513-825-4508

Professional Housecleaning: Weekly, bi-weekly, monthly, special projects. Thirty years experience, PRF resident for 37 years. Dependable, honest, thorough. 825-2557 (home) or 607-6059 (cell).

Childcare: Providing a safe, fun, and clean environment for your child in my home. Lots of T.L.C. Will provide references, please call 674-1926.

YOUTH HELP DESPERATELY NEEDED! For help weeding, etc. in my gardens. \$5/hour– Saturdays and possibly after school on Wednesdays. Call Mary at 851-3190.

Northwest High School Boosters 2nd annual Golf Ball Drop will occur on Friday October 5 following the Homecoming Football game at Northwest High School. Purchase your golf ball entry for \$10 or three for \$25 and you could win up to \$5000 if your golf ball lands in the hole or closest to the hole after it is dropped from the sky. Contact Ed or Julie Mayer at cincymayers@aol.com, Jerry or Sandy Varney, Tim Agin or any Booster Board member for more information or for your entry form.

The Northwest Mighty Knights are sponsoring a Pepsi NFL Punt, Pass & Kick competition at Pleasant Run Middle School on Sunday September 30 starting at 2:00 pm. All youth aged 8-15 are encouraged to come out and give it your best effort. The event is broken into 8 categories by age and gender which are 8-9 boys, 8-9 girls, 10-11 boys, 10-11 girls, 12-13 boys, 12-13 girls, 14-15 boys & 14-15 girls. Proof of age required. No cost to participate. Winners advance to sectionals and the winners of sectional compete at halftime of a Bengals game at Paul Brown Stadium. Contact Ed Mayer at northwestmightyknights@yahoo.com or go to <https://nflppk.active.com/> for more information. Come out on September 30 and have some fun Punting, Passing, & Kicking.

Real TRUST Issues

People come to me for therapy complaining of trust issues sometimes saying they are so anxious in relationships that they get overly controlling, overly paranoid and accusatory, and generally emotionally abusive. They say they find themselves watching themselves do this, unable to exert any control over their own behavior. They ultimately cause the demise of valued relationships while panicking about the loss while they do it. This is a trust issue. However, it's usually more an issue of not trusting one's self. For the individual who does this to him- or herself without good cause, there's usually an underlying assumption of unworthiness of a good relationship.

Trust is a relationship of reliance. A trusted party is presumed to seek to fulfill policies, ethical codes, law and their previous promises. Now that sounds warm and fuzzy doesn't it. The truth is that trust is just a word like love both carries a great deal of power and promise.

Trust does not need to involve belief in the good character, vices, or morals of the other party. Inmates I psychologically assess at the Hamilton County Justice Center usually trust each other to some extent; we cause this the 'criminal code'. Also trust does not need to include an action that you and the other party are mutually engaged in. Trust is a prediction of reliance on an action, based on what a party knows about or says to the other party.

So let's get real and practical and look at this new school year and examine our real trust issues.

Trust your parental gut and instincts. If you feel something is not right, it probably isn't.

Trust your kids to tell you the truth. Unless you have a proven pattern of chronic lying then trust that your kids will be as honest with you as you are with them.

Trust your spouse to be honest and respectful. Like above, if a different pattern exists then you might need to examine your relationship and call me for a session!

Trust our NW teachers to seek quality over quantity in our kid's schoolwork.

Trust our NW administrators to respect our thoughts and opinions knowing we are the parents and tax payers'.

Trust our NW coaches to treat all athletes' of all abilities with the same respect & dignity.

Trust our Springdale Police to keep our PRF community safe for us and inviting to others

Trust in new beginnings for you and your family this new school year!

Blessings...Rick Anderson MA, LPC, LCDCIII

Young People Lookin' For Work

Need a hand from a young member of our neighborhood? The following people want you to know they are ready and willing to help. The Memo publishes these names and numbers for your convenience and offers no referrals or endorsements.

Babysitting:

Nicki Gustafson, Red Cross certified, age 15, 851-4209
 Nicole Ntumba, Red Cross certified, age 14, 742-5302
 Megan Reed, age 12, 825-2140
 Alison Ulanski, Red Cross certified, age 16, 825-8558
 Kearia Whiting, age 13, 851-5868
 Emily DeBildt, Red Cross certified, age 16, 674-0703
 Sarah Sterner, Safe Sitter certified, age 16, 742-4202
 Becca Dean, Red Cross certified, age 12, 674-9455
 Jessica Finnen, Red Cross certified, age 12, 825-3565

Sammie Gustafson, Red Cross certified, age 18, 851-4209
 Katie Reed, age 14, 825-2140
 Amber Schmidt, Red Cross certified, age 17, 742-4832
 Sharde Dunn, age 16, 851-3061
 Heather Lewellyn, Red Cross Certified, 15, 825-6460
 Cierra Perry, age 14, 674-1318
 Julie McKendry, Red Cross Certified, 12, 742-3087
 Samantha Eddy, 12, 742-1961

Animal Care:

Amber Schmidt, SPCA trained, age 17, 742-4832
 Sharde Dunn, age 16, 851-3061
 Josh Hamester, 14, 825-1852
 Jeremy Purvis, age 14, 851-2871

Tanner Agin, age 14, 851-2627
 Cleavon Clemons, age 14, 851-3061
 Becca Dean, age 11, 674-9455
 Cierra Perry, age 14, 674-1318

Lawn Care:

Chris Murrell, age 14, 674-1318
 Rakem Cobbins age 12 825-2082
 Josh Hamester, 14, 825-1852

Rashad Cobbins age 12 825-2082
 Cleavon Clemons, age 14, 851-3061
 Jeremy Purvis, age 14, 851-2871

Housekeeping:

Sharde Dunn, age 16, 851-3061

Cleavon Clemons, age 14, 851-3061

The Memo runs this list free of charge each month. Categories are not limited to only those listed above. If you would like to be added to this list email **Krista Hepp** at jhepp@cinci.rr.com.

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