



The Pleasant Run Farms MEMO
 "An Active Community"
 January 2008
 Volume 40 Issue 1
www.pleasantrunfarms.org
 A publication brought to
 you by the PRF Civic Association

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YES ! YOU ARE NEEDED!!!

Are you concerned about your neighborhood? Do you want to make sure that the investment you made in your home pays off for you 5, 10, or more years down the road? Did you grow up in the Farms, or a similar community, and remember activities, a safe small community and move here to provide the same for your children? Do you wish you knew more people on your street, or the street next to you? Wish you were a part of a group that makes a real difference? If any of these sound like you, then you are needed to help keep this group of homes a neighborhood! That's right, the PRF Civic Association Board needs YOU!

Each January, the Board is elected at the General Association Meeting. This year, we need more help than ever, as several key positions are open, with no one identified as a candidate. If you have ever thought at all about helping out for just a few hours a month, this is your chance! We need you to help keep the Farms alive.

Nominations for this year's Board include:

- | | |
|-----------------------|---------------|
| PRESIDENT: | OPEN |
| VICE-PRESEIDENT: | OPEN |
| TREASURER: | Chris Rowland |
| SECRETARY: | Cheryl Purvis |
| MEMBERSHIP: | Kim Pittman |
| COMMUNITY ACTIVITIES: | OPEN |
| POOL: | Tonya Klei |
| ATHLETICS: | OPEN |
| COMMUNICATIONS: | Krista Hepp |

Descriptions of each role are located on page 3 of this issue. What does it take to be nominated? Simply come to the General Board Meeting on Thursday, January 24th. If you have any questions about any of the Board positions, please call any Board member for more details.



The MEMO is published by the Pleasant Run Farms
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Cincinnati, Ohio 45240
www.pleasantrunfarms.org



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Call Krista Hepp at 851-3644 to place your
Classified or Business Ad.

YOUR PRF EXECUTIVE BOARD MEMBERS:

Jason Henry 648-0102 (President)

Chip Bergquist 851-3424 (VP)

Chris Rowland 674-1063 (Treasurer)

Cheryl Purvis 851-2871 (Secretary)

Kim Pittman PRFmembers@aol.com (Membership)

Kris Koch 825-6539(Community Activities)

Linda Higgins 742-0521(Community Activities)

Tonya Klei 742-0385 (Pool)

Michelle Sager 674-7076(Athletics)

Krista Hepp 851-3644 (Communications)

**Memo Deadline for
Advertisements and Articles**

Tuesday, January 22, 2008

The next Memo Delivery will occur on the weekend of February 2, 2008. If you would like to **place an ad in** or **contribute to** the Memo, please contact Krista Hepp at 851-3644 or jhepp@cinci.rr.com. If you have any problems with **receiving** your Memo, please contact Susan Schieb at 931-3508.

The Memo and the PRF Civic Association reserve the right to refuse any content. Letters to the editor will be published only with the authors name. Any comments, suggestions, or new contributors are welcome.

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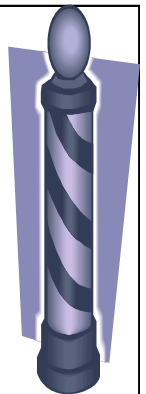
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PRFCA Membership Applications are available on the website listed below or by calling our Membership Chairperson listed above. Dues are \$30 a year.

Check out the website below for additional news and community information.

www.pleasantrunfarms.org

2008 PRF Civic Association Board Elections—Description of Positions

Each January at the General Board Meeting, officers are elected for the Civic Association Board. Nominations can be made by any resident for any position. All Civic Association Members are eligible to vote at the elections in January.

All Board positions are open for nominations. The Board positions are:

President: The President is responsible for running the Board meetings. The President is also the Civic Association's representative to outside organizations, including the Springfield Township Board of Trustees. Both the President and Vice-President interact with Civic Associations from other communities.

Vice-President: The Vice-President runs the Board meetings in the President's absence. In addition, the Vice President, along with the President, works issues with outside organizations, including other Civic Associations.

Treasurer: The PRFCA Treasurer handles the financial activities for the Civic Association. The Pool and Athletics each have their own treasurer. The Treasurer is responsible for accurate and orderly record keeping of all financial activities, plans and completes the PRFCA yearly budget, provides monthly reports with current balances of all bank accounts as well as previous months revenues/expenses, is responsible for the timely filing of quarterly/yearly payroll tax reports to state and federal government.

Secretary: The secretary is responsible for taking the minutes, typing them up and sending them out through e-mail to the board members for approval, keeping a record of them, taking care of the senior scholarship for PRF, keeping the board up to date on the meetings, and scheduling the general meetings that take place at Welch.

Membership: Keep a current master book of residents information sheet. Monthly email/snailmail renewals out and update book as they come in. Pass on membership checks to treasurer in timely manner. Put together residents birthday's and living in the farm anniversaries for Memo. Attend all sports sign ups to check memberships. Update other committee members with volunteers who wish to help. Send out welcome letters to new residents. Organize Street greeters. Compile neighborhood directory every 2/3 years. Find advertisers for directory to offset cost of printing. Attend monthly board meetings and give a report on membership. PROMOTE MEMBERSHIP IN THE NEIGHBORHOOD.

Community Activities: As the Community Activities Coordinator you are responsible for planning and executing varies events throught the Farms, such as, the Easter Egg Hunt, 4th of July Parade, Landscape Contest, Garage Sales, Holiday events etc.. This position can be as easy as you want or you can be as creative as you want as long as you stay in your budget. This is a good way to meet the great people we have in the Farms!!

Pool: This position is responsible for all aspects of running the PRF Pool—hiring lifeguards, concession workers, managing maintenance for the pool, pool tags and membership. The Pool has a separate budget that must be managed by the Pool Board Position.

Athletics: The Director of Athletics functions as President of PRFAA Board. He or she is responsible for all matters pertaining to the establishment and maintenance of athletic facilities and programs for the Civic Association. This includes scheduling and presiding over monthly PRF Athletics meetings, attending monthly PRFCA meetings, keeping records of all monthly bank statements, preparing the annual budget, keeping keys to Concession Stand at Clifford George Fields and the shed and mailbox at the pool, acting as any Sports Commissioner in event of a vacancy, working with PRFCA Membership Director to ensure all Coaches and all PRF Resident players are current Civic Association members in good standing, and attending sports registrations if possible.

Communications: The Communications member is responsible for monthly publication of the PRF Memo—requesting and editing articles and information, working with advertisers, Memo distribution coordinator and the printer. Maintain archive of Memo copies for historical purposes.

General Board Meeting &

2008 Board Elections

Thursday, January 24th

7:30 PM

Welch Elementary Library



Happy 2008 to everyone! I'm writing this message to ask for your help in maintaining and improving Pleasant Run Farms. We are in need of "new blood" on the PRFCA Board. The current Board members have all served for multiple years, and we do have some openings for 2008.

After 3 years of serving as President of the Board, I have made the decision to step down. This is a personal decision that was more based on current career demands than anything else. However, I do think that the Board would benefit from having a President with some fresh ideas on ways to grow membership and improve our neighborhood. Most organizations have new leadership after every couple of years, which in many cases is a real positive. I KNOW that there are people out there that have lots of great ideas on improving PRF, because many of you have shared these with me over the last 3 years.

I never had a desire to become President of the Civic Association, but I did always feel like I wanted to become more involved in the neighborhood. My desire for involvement stemmed from the fact that I wanted the neighborhood to maintain an active Civic Association because it improves the sense of community within our neighborhood, which keeps PRF a great place to live and raise a family. Three years ago I saw in the PRF Memo that the Civic Association was beginning the year without a President. I felt that this was my opportunity to step up and make a difference. I'm hoping that one of you will feel the same calling when you learn that the Board has openings and needs your help.

I want to thank all of the Board Members that have made it a great 3-year run. All of their hard work and dedication helped make my job easy. Special thanks to our Vice President Chip Bergquist. Chip always knew the answer to any "technical question" that I had concerning the By-laws or any Township related item. This helped me immensely.

It really is an honor to serve as PRFCA Board President. I encourage anyone that is interested to give serious consideration to running for this position. If you have questions about this or any other Board position, please call me at 648-0102. I'll be more than happy to answer any questions.

Jason Henry



PRFCA Scholarship Information!!

Pleasant Run Farms Civic Association will once again offer a \$500.00 scholarship to a high school graduate. The applicants must be receiving a high school diploma and intend to continue his or her education at a college or technical school. The applicant's family must be a resident of the farms as well as a current Civic Association Member in order to be eligible to receive a scholarship. Students can attend any area high school. Applications for the 2008 scholarship can be picked up at Northwest High School the second week of January, or the home of Cheryl Purvis (1748 W. Kemper Rd. 251-2871) You can also download the application from our website, pleasantrunfarms.org.

Need a hand from a young member of our neighborhood? The following people want you to know they are ready and willing to help. The Memo publishes these names and numbers for your convenience and offers no referrals or endorsements.

Babysitting:

Nicki Gustafson, Red Cross certified, age 15, 851-4209
Nicole Ntumba, Red Cross certified, age 14, 742-5302
Megan Reed, age 12, 825-2140
Alison Ulanski, Red Cross certified, age 16, 825-8558
Kearia Whiting, age 13, 851-5868
Emily DeBildt, Red Cross certified, age 16, 674-0703
Sarah Sterner, Safe Sitter certified, age 16, 742-4202
Becca Dean, Red Cross certified, age 12, 674-9455
Jessica Finnen, Red Cross certified, age 12, 825-3565

Sammie Gustafson, Red Cross certified, age 18, 851-4209
Katie Reed, age 14, 825-2140
Amber Schmidt, Red Cross certified, age 17, 742-4832
Sharde Dunn, age 16, 851-3061
Heather Lewellyn, Red Cross Certified, 15, 825-6460
Cierra Perry, age 14, 674-1318
Julie McKendry, Red Cross Certified, 13, 742-3087
Samantha Eddy, 12, 742-1961

Animal Care:

Amber Schmidt, SPCA trained, age 17, 742-4832
Sharde Dunn, age 16, 851-3061
Josh Hamester, 15, 825-1852
Jeremy Purvis, age 15, 851-2871

Tanner Agin, age 14, 851-2627
Cleavon Clemons, age 14, 851-3061
Becca Dean, age 11, 674-9455
Cierra Perry, age 14, 674-1318

Lawn Care:

Chris Murrell, age 14, 674-1318
Rakem Cobbins age 12 825-2082
Josh Hamester, 14, 825-1852

Rashad Cobbins age 12 825-2082
Cleavon Clemons, age 14, 851-3061
Jeremy Purvis, age 14, 851-2871

Housekeeping:

Sharde Dunn, age 16, 851-3061

Cleavon Clemons, age 14, 851-3061

The Memo runs this list free of charge each month. Categories are not limited to only those listed above. If you would like to be added to this list **email Krista Hepp at jhepp@cinci.rr.com**.



11997 Cedar creek Drive



2107 Hillrose Court



12152 Brookway Drive



2142 Hillrose Court



1808 Forester Drive



1755 Clayburn Circle



1904 Fullerton Drive



1395 Hazelgrove Drive



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Thoughtful Thoughts in 2008

You are today where your thoughts have brought you; you will be tomorrow where your thoughts take you. ~ James Lane Allen

One thing we all have in common is our thoughts. Sometimes they are simple, sometimes complex, some borrowed, some original, some professional, some personal, some healthy, some unhealthy, some judgmental, some forgiving and finally some intentional, but most are automatic.

Research by leading universities in the field of cognitive and behavioral psychology proves the existence of so-called "automatic thoughts", i.e. thoughts that come to mind involuntarily and effortlessly as an automatic response to certain stimuli. These are the thoughts that ultimately determine whether you'll fail or succeed in your endeavors.

Did you know that the average person processes over 60,000 separate thoughts per day, of which 90% occur subconsciously? Automatic thoughts are produced by our subconscious mind and continue to execute without the involvement of our conscious mind. These automatic thoughts are like mini computer programs in our subconscious minds. They automatically come into action as a response to stimuli in our environment. For example, when the alarm rings in the morning, your "automatic thought" is "I must get up!"

While many automatic thoughts are positive, some of them can create limitations in terms of your ability to evolve and progress – you could call them "success blockers". They simply "block" you from progressing or being successful in certain areas. Automatic thoughts determine your thought patterns, attitudes and behaviors.

So, of your 21,900,000 separate thoughts in 2007, how many were positive and productive? Did they build people up or did they tear others down?

As I mentioned earlier, certain damaging "automatic thoughts" are triggered by common negative beliefs and thoughts in us. Often observations of successful people reveal that many of their successes can be ascribed to positive thought patterns and belief system.

For 2008, plan to make your thoughts more thoughtful, positive, creative, compassionate, and healthy for you and those around you. Out of our thoughts come our attitudes and comments, so make your comments match your new found positive thoughts.

PS: From November's MEMO our neighbors, the Hamesters, were good neighbors and invited us over for a spaghetti dinner. Share with the MEMO how you were a blessing or were blessed by your neighbors.

Rick Anderson – (513) 312-6523

Reminder—Renew your Dog's License

It's time to renew your dog's license. By law, all dogs in Hamilton County over the age of 3 months must be licensed. Renewal licenses (for dogs already registered) must be purchased before January 31st, or the licensing fee doubles. Receive a new pet dog for Christmas? You have 30 days after purchasing your dog to obtain a license for him/her.

You can purchase new or renewal licenses for \$13 at the following local vendors:

Cramer Tru Value (Hamilton Avenue)

Animal Care Center (Winton Rd, Forest Park)

Need more information? Visit the Hamilton County Auditor Website: www.hamiltoncountyauditor.org/dogs.asp

Find a lost dog with a license? Call 946-DOGS to find the owner. Just one benefit of licensing your beloved friend!



As I start into my third year as Editor of the Memo, I realize how much more aware I have become of what is going on in the neighborhood. Some of that has to do with the nature of my role—after all, I compile, read, edit and manipulate all the articles that go into the Memo, so shouldn't I know what's going on?

But a lot of what goes on never ends up in the Memo. I hear a lot at our Board Meetings, at community events, even from other parents at my daughter's school. And of course there are the Scouts parents, and the soccer parents as well. Oh, and the coordinator for tumbling. And the Memo delivery coordinator. And our school board representative. And.... My point is, that at the end of 2005, when I agreed that I would try out role of Editor, I had lived in the neighborhood about 5 years. I knew about the neighborhood—after all, I grew up here, so I knew there was a pool, sports teams, a 4th of July Parade. And I knew my neighbors—I was lucky enough to have some great neighbors next door and across the street. But I really didn't know the neighborhood. I didn't have familiar faces to talk to at every neighborhood event. And I was a Civic Association Member, but I'll admit I didn't go to the General Board Meetings. But then I made a simple decision—yes, I would try out this new “Editor” thing and see how it went.

I thought I was doing so out of service to my community. What I didn't realize was what I would get out of it—how much service the community would provide to me. I didn't realize that as I volunteered for this role as Editor, I would be more open to volunteering as a soccer coach. And a Girl Scout Leader. And that I would meet some great people. And meet kids that would be friends with my kids. And parents of those kids who would be friends with my husband and I. And I didn't realize what a great feeling it would be to walk down to the soccer fields or baseball fields and see faces of parents I recognized and—gasp! - even knew by their first and last names. Or to stop down and pick my daughter up early from school and have kids in her class know me as “Coach” or “Daisy Leader.” Or to walk down to the pool in the summer and know the lifeguards, and half the families who were also down there? And who knew that the person who sat a few cubes away from me at work lived in my neighborhood—actually right around the corner from me?

As my knowledge expanded, so did my awareness, my feeling of community, belonging. And it hit me—THIS is what being a neighbor is about. THIS is about being a community. THIS is what you get when you provide a service to the community. THIS is my experience. Now is the time for YOURS. Make a difference, change your little part of the world—make your world a bigger, better place. Take a look at the first page of the Memo—your chance is there.

Happy New Year—to new beginnings!

Krista

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