



The Pleasant Run Farms MEMO  
 "An Active Community"  
 September 2006  
 Volume 38 Issue 9  
 www.pleasantrunfarms.org  
 A publication brought to  
 you by the PRF Civic Association

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**Landscape Winners!**

Congratulations to our landscape winners!!!!

**Teagan and Amy Donovan - Galloway**

Teagan and Amy received a gift certificate for Landview Gardens. Thanks to Landview Gardens on Pleasant Ave. for their donation—please stop by for your fall and spring planting needs.

The Civic Association Members did a great job with thier yards. It was very hard to pick one winner. Next year, we will do a first, second and third place winner!!

Honorable Mentions.....

11896 Belgreen	2174 Deer Chase	1959 Fallbrook
11960 Blackhawk	11915 Deerhorn	1589 Forester
2065 Broadhurst	2174 Deer Meadow	1762 Forester
12115 Brookway	1906 Edgewater	12088 Freestone
12017 Cedarcreek	12139 Elkwood	1732 Fullerton
1937 Centerbrook	12040 Elkwood	12025 Goodfield
1856 Clayburn	11915 Elmgrove	1441 Graymont

A great job to all of you!! The pride you have in your yards shows.



**Fall Garage Sale**

Mark your calendars, RAIN OR SHINE, for **October 7th** from **8:00am - 2:00pm**

If you want your items for sale on the map, mail your list of items, and payment for advertising to Kris Koch, 1993 Broadhurst by October 3rd.

Civic Members- \$8.00

Non Members-\$12.00



**How about a camping trip?????**

OK, We know that summer is coming to an end. We are thinking about next year?? Maybe late spring or early fall?? What we need to know is.... do we have enough interested families to do this? We would need to know in a few months to reserve enough campsites. If this sounds like something you and your family would like to do, please email Kris Koch at [rk.kochjr@worldnet.att.net](mailto:rk.kochjr@worldnet.att.net)



The MEMO is published by the Pleasant Run Farms  
Civic Association,  
11955 Elkwood Dr.,  
Cincinnati, Ohio 45240  
www.pleasantrunfarms.org

### **YOUR PRF EXECUTIVE BOARD MEMBERS:**

Jason Henry 648-0102 ( President)  
Chip Bergquist 851-3424 (VP)  
Chris Rowland 674-1063 (Treasurer)  
Cheryl Purvis 851-2871 (Secretary)  
Kim Pittman PRFmembers@aol.com (Membership)  
Kris Koch 825-6539(Community Activities)  
Linda Higgins 742-0521(Community Activities)  
Tonya Klei 742-0385 (Pool)  
Michelle Sager 674-7076(Athletics)  
Krista Hepp 851-3644 (Communications)



### **Monthly Issue Advertising Rates:**

Back Full page \$110 Regular Full Page \$90  
Half Page \$65 Quarter Page \$45

Business Card Size Ad \$25

Classified Ad \$8

ALL ads must be pre-paid.

Buy 5 months, get the 6th free.

Call Krista Hepp at 851-3644 to place your  
Classified or Business Ad.

### **Memo Deadline for**

### **Advertisements and Articles**

***Tuesday September 26, 2006***

The next Memo Delivery will occur on the weekend  
of October 7, 2006.

If you would like to place an ad in or contribute to the  
Memo, please contact Krista Hepp at 851-3644 or  
jhepp@cinci.rr.com. If you have any problems with receiv-  
ing your Memo, please contact Julie Mayer at 851-7908.  
Pictures are encouraged but may or may not be included due  
to space and financial considerations. Digital or emailed pic-  
tures are encouraged.

The Memo and the PRF Civic Association reserve the right to  
refuse any content. Letters to the editor will be published only  
with the authors name. Any comments, suggestions, or new  
contributors are welcome.

### **YOUR MEMO STAFF:**

Krista Hepp, Editor  
Open, Around the Farms  
Rick Anderson, Counseling Corner  
Julie Mayer, School News  
Becky Hoover, Swim Team  
Michelle Sager, Sports News  
Kris Koch and Linda Higgins, Community Events  
Tonya Klei, Pool News  
Jon Schalchta, Teen Update

**PRFCA Membership Applications are available on the  
website listed below or by calling our Membership  
Chairperson listed above. Dues are \$30 a year.**

**Check out the website below for additional news and  
community information.**

**[www.pleasantrunfarms.org](http://www.pleasantrunfarms.org)**

## From the Editor

School is back in session! And, we're now enjoying our first three-day weekend. Hope everyone has plans for a restful Labor Day weekend.

Now that the summer is coming to a close, it's the perfect time to think about how you can get involved in our community. Did you know that the word "community" comes from the Latin word *communis*, meaning "common perception or understanding?" So what is the common perception of the Farms? Are we a vibrant neighborhood, an active community? If your perception of the neighborhood isn't "active," you have the power to change that.

Whether it's volunteering for a few hours at your child's school, taking part in Scouts as a leader or aide, coaching a team, or even just stepping down the street and introducing yourself to the folks who just moved in, every action you take impacts our community. Think about that—every positive action builds the community up—likewise, every inaction tears it down a little. I know that there are times that we all feel that the world is becoming more and more impersonal, that even as technology allows us to communicate more effectively, our lives become more disjointed. What you do today can change that. Think about the last time you had a perfect stranger say "hello" to you with a smile—how that made you feel more connected.

So here is my challenge to you: find a way this month to make that small step—help build a little more community. Find out the name of the parent you sit next to at your child's soccer game, pay a compliment to one of our landscape contest winners. You know how you can do it—look for any small opportunity for a start.

Want your voice to be heard? Or just find out what we do at Board Meetings? What the Civic Association can do for you? The next General Board Meeting is September 28th at 7:30 in the Welch Elementary library. Come to the meeting, and count that as your step towards building the community.

*Krista*

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## Scouting News



BOY SCOUTS OF AMERICA

Troop 881, along with Dave and Sue Roll, would like to congratulate Ben Roll on the achievement of the rank of Eagle Scout. Ben successfully completed his Board of Review on May 17, 2006 and will be formally recognized at his Court of Honor on September 9, 2006 at 1:00PM at John Wesley United Methodist Church. Ben's Eagle project involved 296 hours of work for the Fairfield Childhood Development Center which involved cleaning, organizing and painting a large storage room, disposing of hazardous waste, assembling several shelving units, building and finishing a large workstation for the teachers.

**Cub Scout Pack 929** sponsored by St. John Neumann Church will be having an **open Pack Meeting** on Wednesday, **September 20th at 6:45pm**. All boys in grades **1-4** and their parents interested in Scouting should attend this meeting. Please contact Ella Jergens, Cubmaster, at 825-3937 for more information.



## Pool News

### Thank you!!!

What a great summer at the Pleasant Run Farms Swim Club! I would personally like to thank all the members who helped support the swim club this year. We had the highest number of members in 8 years. I would like to hear what you think about the swim club. Please let me know what we can do to make the swim club a better place to hang out, anything from pool hours to swim lessons. Please email me with any comments, questions or concerns.

I would like to say a special thank you to Cathy West for all her help with the Snack Bar. And to Missy Butts our pool treasurer. To our lifeguards, Dani Henry, Mackenzie Agin, April Bates and Chris Fette, thank you for keeping everyone safe and working those long hours in the blazing sun. Thank you to Amanda Fette, Alex Klei, Saira West, Abby Klei and Christina Clark our Snack Bar workers. Everyone loves the pretzels and nachos with cheese.

Also, thank you to Lakeside Garden Center for all the plants and hanging baskets at the pool. The baskets were donated and looked beautiful until those 90-degree days above that hot concrete. Be sure to visit them for all your landscaping needs. They are located on Pleasant Avenue.

A very special thank you to my Dad, Terry Oyster, for all his hard work. He maintains the grounds, digs trenches and even vacuums the pool. Also thank you to my Mom, Sharon Oyster, for all her work in the pre-season. And to Tim, my husband for checking for leaks, being the maintenance man and basically whatever else I need him to do for the pool.

Here is to looking forward to cool fall days and a mild winter and the return of Spring and the pool season next May!

Tonya Klei

tonyaklei@cinci.rr.com

## Year of Promise

The most unusual observance that God commanded the Israelites through Moses was the keeping of the year of jubilee. For most people this celebration occurred only once in their life time and for many not even that, as it occurred only once every 50 years. At this year of jubilee all Israelites who had sold themselves into slavery were set free, and all land that had been sold reverted to its original owner. This meant that no Israelite could ever be in permanent slavery; nor could any Israelite permanently lose his inheritance.

So what does this have to do with fall of 2006? A lot. The year of jubilee is really about new beginnings...and so is our Year of Promise. This is a chance to start school and all its activities with much hope and excitement.

P is for **providing** encouragement when our kids learn and try new healthy things.

R is for the **respect** we demonstrate to our kids, their teachers, coaches, and referees.

O is for the **opportunities** that await you and your child as they grow in knowledge.

M is for the **memories** that are about to happen. Take full advantage of them now.

I is for being **intrepid** (means brave or fearless) when new challenges come our way.

S is for being **straightforward** with your realistic goals in sports and academics.

E is for **expecting** the best from your kids. Often our kids live up to our expectations.

As our first child graduated from Miami University and our last leaves for Ohio University, I have very fond memories of Northwest School District, from Welch to Pleasant Run to Colerain High and Northwest High. Most I feel blessed to be a district that on the local level demonstrated time and time again that they cared about my kids. The teachers, coaches, and administrators have been outstanding. From Ms. Rice at Welch to Mr. Hester at Northwest and too many too name in between, my kids academic lives have been shaped, challenged, and prepared for an exciting future.

As you prepare for your Year of Promise, make a promise to yourself and your kids that this will be the most enjoyable year ever. Become excited about the promising future that is about to unfold.

Empty Nester  
Rick Anderson

## Tag Return!

If you forgot to return those tags before the pool closed on Labor Day it is not too late to get your deposit back!

Simply drop them off on Saturday, September 9th from 10am to 2 pm for a return of your \$5.00



If you can't make that drop them off at 12115 Brookway Drive in an envelope with your name and address and a \$5.00 refund will be delivered to you.

Please knock to see if anyone is home—before you leave you could get your refund then.

## We need you!



Do you have a nose for news? Or are you new to the neighborhood and want to meet people? Do

friends always come to you to find out what's going on around town?

If you answered "yes" to any of the questions, the Memo wants you! We need a new writer for "Around the Farms." I would also love to have someone who could write about upcoming Cincinnati area events (especially those for families!). Interested? Don't be shy—either call me at 851-3644, or email me (jhepp@cinci.rr.com).

- Krista

## CLASSIFIED ADS

### Young People Lookin' For Work

Need a hand from a young member of our neighborhood? The following people want you to know they are ready and willing to help. The Memo publishes these names and numbers for your convenience and offers no referrals or endorsements.

#### Babysitting:

Nicki Gustafson, Red Cross certified, age 13, 851-4209  
Nicole Ntumba, Red Cross certified, age 14, 742-5302

Megan Reed, age 12, 825-2140  
Alison Ulanski, Red Cross certified, age 16, 825-8558  
Kearia Whiting, age 13, 851-5868  
Emily DeBildt, Red Cross certified, age 14, 674-0703  
Sarah Sterner, Safe Sitter certified, age 16, 742-4202

Sammie Gustafson, Red Cross certified, age 16, 851-4209  
Katie Reed, age 14, 825-2140

Amber Schmidt, Red Cross certified, age 15, 742-4832  
Sharde Dunn, age 16, 851-3061  
Heather Lewellyn, Red Cross Certified, 14, 825-6460  
Cierra Perry, age 12 1/2, 674-1318  
Julie McKendry, Red Cross Certified, 12, 742-3087

#### Animal Care:

Amber Schmidt, SPCA trained, age 15, 742-4832  
Sharde Dunn, age 16, 851-3061  
Josh Hamester, 14, 825-1852

Tanner Agin, age 12, 851-2627  
Cleavon Clemons, age 14, 851-3061

#### Lawn Care:

Chris Murrell, age 12 1/2, 674-1318  
Rashad Cobbins age 12 825-2082  
Cleavon Clemons, age 14, 851-3061  
Jeremy Purvis, age 14, 851-2871

Tony Roberson, age 14, 825-LAWN  
Rakem Cobbins age 12 825-2082  
Josh Hamester, 14, 825-1852

#### Housekeeping:

Sharde Dunn, age 16, 851-3061

Cleavon Clemons, age 14, 851-3061

#### SERVICES:

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Cabinet Making: Furniture repair & refinishing. 825-4208

Sharpening Service: Chain saws, scissors, knives, hedge trimmers (electric & manual), mower blades, etc. Phone 825-4208.

Babysitting in my PRF home. Opening for 1 full time.

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#### **Did you know....**

September used to be the seventh month of the year, on the Roman calendar.

In the year 1752, in the British Empire, the Gregorian Calendar was adopted. As a result, the month of September did not have days 3-13 that year.



## General Board Meeting September 28th

There will be a General Board Meeting of the PRF Civic Association on Thursday, September 28th, at 7:30 PM in the Welch Elementary library.

All residents are welcome to attend. **There will be a door prize drawing for attending!!** Come join us and do your part in making this an active community!!

### TAKE NOTE:

The PRF website has changed!! The new web address is:

**[www.pleasantrunfarms.org](http://www.pleasantrunfarms.org)**

Check it out! Special thanks to Chip Berquist for his work on the new website!!



### Need a weekend family activity?

Try some outdoor fun!! Here are some ideas:

A Weekend in 1800s—Shawnee Lookout—Sept 16-17 ([greatparks.org](http://greatparks.org))

Cincinnati Zoo's Australia Exhibit—through Oct 31st ([cincinnati zoo.org](http://cincinnati zoo.org))

Apple Picking—throughout fall ([ironsfruitfarm.com](http://ironsfruitfarm.com))

Honey Harvest—Parky's Farm, Winton Woods—Sept 23rd ([greatparks.org](http://greatparks.org))

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## September Northwest Local School Events:

Northwest Local School Board Meetings are scheduled on September 11 and 25. These meetings are held at 7 p.m. in The Administrative Offices on Banning Road. (In addition the meetings are televised on Waycross Public Access Television)

Early Release Day is September 21st. School dismisses one hour early.

Northwest Homecoming is on September 22 with the parade beginning at 6:15 which travels down Civic Center Drive to Pippin Road to the High School. The Football Game against Harrison begins at 7:30 p.m.

## Parent Email Lists

If you have a student at Pleasant Run Middle School or Northwest High School there are parent emails you may sign up to receive which are WONDERFUL! Go to the district web site ([www.nwlsd.org](http://www.nwlsd.org)) and click on the individual school and then you will be directed to a sign up sheet. Weekly emails contain schedules, changes, news and you may be emailed more often with important updates. You can have these emails go to more than one address.

- Julie Mayer



## **SPIRITWEAR NEEDED!!**

I'm Nancy Berquist, the Spirit Coordinator for Welch Elementary. One of my goals this year is to make a school spirit quilt. I am asking the community for donations of old and new versions of spiritwear shirts. I'm hoping to get items from as far back as the opening of the school building in the 1970s. If you or someone you know that has moved from the Farms has these items tucked away, please contact me at 851-3424. I will pick them up, or you can drop them off at the school office. Thanks for all your help and support.

**GO WELCH PANTHERS!!!**

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## Recipe Roundup

Soccer, School, Dance, Cub Scouts.....we could go on and on. Fall is a busy time of year. Fastfood companies love this time of year. But ven though we are busy running from here to there, we still need to take the time to eat healthy. Please enjoy the receipe below.

If you have any you want to share, please send them to me or Krista Hepp.

Thanks, Kris Koch

### Creamy Spinach Ravioli

1 8oz pack of mushrooms, sliced

1/2 cup chopped onion

1/2 cup diced red bell pepper

2 packs 9oz refrigerated light cheese filled ravioli

2 garlic cloves, pressed

1/4 ts. black pepper

3 oz reduced fat cream cheese

1/3 cup evaporated milk

1 package 10oz frozen creamed

spinach in low fat sauce, thawed

fresh grated parmesan cheese



1. Cook ravioli according to package, drain and keep covered.

2. Heat skillet, coat with nonstick spray, add mushrooms, onion, bell pepper, garlic and black pepper. Cook and stir 3-4 min. or until veggies are tender and all liquid is absorbed.

3. Reduce heat and add cream cheese and milk. Stir till creamy. Stir in the spinach, Simmer over low heat 1-2 min. Pour veggie mix over ravioli Serve immediately, Grate fresh Parmesan cheese if desired.

Prep and Cook time - 20 min.

This is a low fat, low cholesterol and low calorie meal!!

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